

## TRAVEL ARRANGEMENTS

### Travel and Discounted Hyatt Regency Hotel Arrangements

#### PLEASE CALL ADMIRAL TRAVEL:

888.722.3401 or 941.951.1801

1284 N Palm Ave., Sarasota, FL 34236

www.admiraltravel.com

#### ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Florida Medical Association and ISCVDP.

The Florida Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

The Florida Medical Association designates this live activity for a maximum of 13.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## LEARNING OBJECTIVES

#### This course is designed to present for participants:

- Review of Novel Approaches for Early Cardiovascular Disease Prevention and Optimal Diagnosis and Management of Primary and Secondary Cardiovascular Diseases in order to avert or delay a Catastrophic Cardiovascular Event
- Update on Hypertension and Cardiorenal Syndrome
- Update on Treatment Modalities for Ischemic Heart Disease In Women
- Update on Novel Approach for treatment of Dyslipidemia: PCSK9 Inhibitors
- Update on Systematic Approach to Risk Stratification And Screening
- Update on the use of Imaging Modalities for the Diagnosis and Management of CV Disease
- Update on Diabetic Heart Disease and Heart Failure

#### TOPICS:

- Novel Approach for Cardiovascular Disease Assessment & Prevention
- Management of Diabetes & Obesity
- New Guidelines in Hypertension and Dyslipidemia/PCSK9 Inhibitors
- Current and Future Management of Dyslipidemia and Atherosclerosis
- Women's Heart Disease
- Update on the current management of Deep Vein Thrombosis
- Stroke Prevention in NVAf
- Update on New Guidelines for Treatment of Diabetes, Hypertension, Dyslipidemia and Heart Failure
- Sleep Disorders and Heart Disease
- Update on Cardiovascular Imaging
- Dietary Management
- Cardio Oncology



## REGISTRATION

REGISTER HERE: [Medtelligence.net/Feb7](http://Medtelligence.net/Feb7)

PHYSICIANS.....	\$175.00
<i>(Prior to October 15, 2019, \$250 thereafter)</i>	
OTHER HEALTH CARE PROFESSIONALS .....	\$75.00
ISCVDP MEMBERS & PREVIOUS ATTENDEES .....	\$100.00
<i>(Limited to 100, Prior to October 15, 2019)</i>	
MEDICAL STUDENTS AND NURSES (FIRST 50 REGISTRANTS) .....	Free

#### Public invited free for SUNDAY MORNING session.

Space is limited, must pre-register.  
Only confirmed attendees will be allowed in.

#### Optional lunch for healthcare providers:

*(Free lunch for the 100 healthcare providers who register first)*

Yes I will attend     No, I will not attend

#### PHYSICIANS ONLY Optional free dinner symposiums:

*(Dinner limited to only 75 physicians / first registered, first served)*

Yes I will attend     No, I will not attend

#### Make checks payable to:

International Society for Cardiovascular Disease Prevention  
20th Annual Congress on Early Cardiovascular Disease Prevention  
and mail to the address listed below.\*

FOR CREDIT CARD PAYMENT ONLINE AT [ISCVDP.org](http://ISCVDP.org)

#### REGISTRATION FORM

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Facility: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Card No.: \_\_\_\_\_ Exp \_\_\_\_ / \_\_\_\_

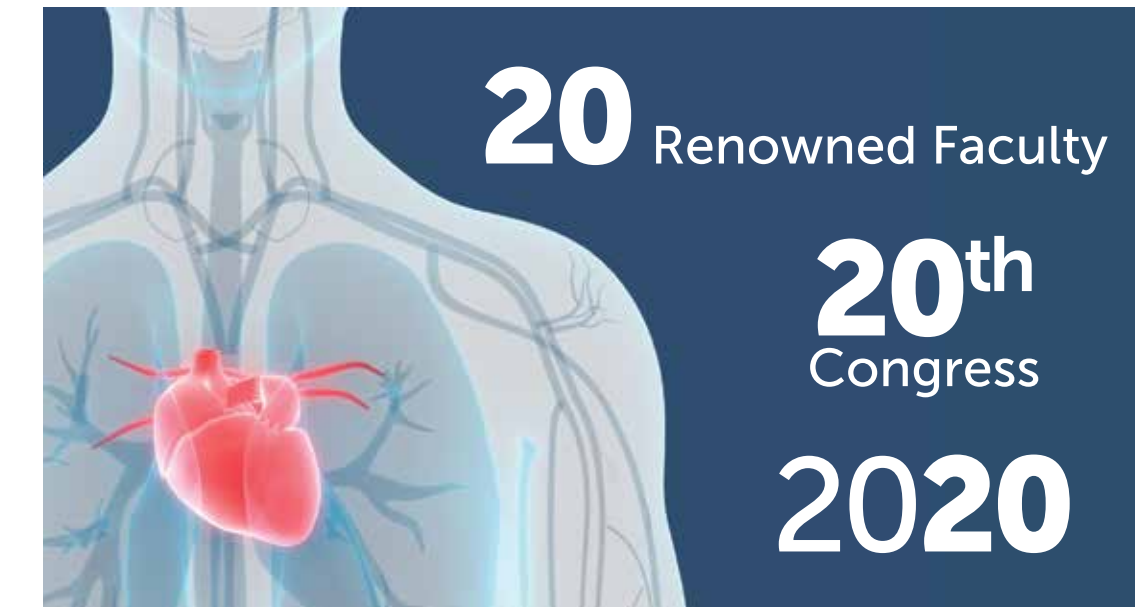
*Only confirmed attendees will be allowed in.*

#### \*Clip & Send Registration Form & Appropriate Fee to:

International Society for Cardiovascular Disease Prevention  
20th Annual Congress on Early Cardiovascular Disease Prevention  
PO Box 433, Sarasota, FL 34230.

May also register online at [Medtelligence.net/Feb7](http://Medtelligence.net/Feb7)

For additional information, please call 941.366.9800 or visit [www.iscvdp.org](http://www.iscvdp.org)  
or [www.cardiologycenter.net](http://www.cardiologycenter.net)



February 7, 2020 1:00-5:00 PM *(Optional Program)*  
February 8-9, 2020 *(CME Program - 13 Hours)*

HYATT REGENCY, SARASOTA, FLORIDA  
1000 Blvd of the Arts | Sarasota, FL 34236

#### CME ACCREDITED PROGRAM

JOINTLY PROVIDED BY: The International Society for Cardiovascular Disease Prevention (ISCVDP), The Cardiovascular Center of Sarasota Foundation for Research and Education, The Cardiovascular Health Assessment Center and The Florida Medical Association (FMA)



IN COOPERATION WITH: University of Minnesota, Center for Cardiovascular Disease Prevention, Sarasota Memorial Healthcare System, Association of Black Cardiologists (ABC), and The American College of Cardiology Florida Chapter



For details and registration visit [Medtelligence.net/Feb7](http://Medtelligence.net/Feb7)  
For travel arrangements visit [www.admiraltravel.com](http://www.admiraltravel.com)

20<sup>TH</sup> ANNUAL NATIONAL SARASOTA CONGRESS ON  
CARDIOVASCULAR DISEASE PREVENTION:  
UPDATE 2020

20 Renowned Professors of Cardiology who are experts and excel in educating on topics related to ASCVD prevention will be the host Faculty for this International Society for Cardiovascular Disease Prevention (ISCVDP) Congress to discuss incorporation of these new developments into clinical practice. In addition to lectures, there will be interactive case presentations to encourage discussion and audience participation.



**Mahfouz El Shahawy, MD, MS, FACP, FESC, FASPC, FASH, FSCCT, FAHA, FACC**  
PROGRAM DIRECTOR

**PRESIDENT, INTERNATIONAL SOCIETY FOR CARDIOVASCULAR DISEASE PREVENTION (ISCVDP)**

Fellow American Society of Preventive Cardiology  
Clinical Professor of Medicine, Universities of Florida and South Florida  
Golden Doctor Diploma University of Vienna Austria 2014  
Member Board of Trustee American Society of Preventive Cardiology [ASPC]  
Past Member Board of Trustees Association of Black Cardiologists [ABC]  
Medical Director, Cardiovascular Health Assessment Center  
President, Cardiovascular Center of Sarasota  
Medical Director and Founder SMH Cardiovascular Disease Prevention Center 2007 - 2010  
SARASOTA, FL



**Jay N. Cohn, MD, FACC, FAHA**  
PROGRAM CO-DIRECTOR  
VICE PRESIDENT, ISCVDP

Professor of Medicine  
Director, Rasmussen Center for Cardiovascular Disease Prevention  
University of Minnesota Medical School  
President American Society of Hypertension, 1990-1992  
President International Society of Hypertension, 1996-1998  
President Heart Failure Society of America, 1995-1998  
President International Society of Cardiovascular Pharmacotherapy, 2008-2010  
MINNEAPOLIS, MN



**Michelle A. Albert, MD, MPH, FAHA, FACC**

Professor of Medicine  
Director, UCSF Center for the Study of Adversity and Cardiovascular Disease (NURTURE Center)  
University of California, San Francisco  
Associate Dean of Admissions, UCSF School of Medicine  
President - San Francisco/Greater Bay Area, American Heart Association Board of Directors  
President-Elect, Association of Black Cardiologists



**Matthew Budoff, MD, FACC**

Professor of Medicine, UCLA  
Endowed Chair of Preventive Cardiology  
Program Director, Division of Cardiology  
Los Angeles Biomedical Research Institute  
LOS ANGELES, CA



**Anthony DeMaria, MD, FACC**  
PROGRAM CO-DIRECTOR  
VICE PRESIDENT, ISCVDP

Professor of Medicine, Division of Cardiovascular Disease, U.C. San Diego, CA  
President American College of Cardiology, 1989-1990  
Editor in Chief, American Journal of Cardiology 2002-2014  
SAN DIEGO, CA



**Andrew E. Epstein, MD, FAHA, FACC, FHRS**

Professor of Medicine  
Electrophysiology Section,  
Chief, Cardiology Section  
Crescenz VA Medical Center  
PHILADELPHIA, PA



**Keith C. Ferdinand, MD, FACC, FAHA, FASH, FNLA**  
BOARD MEMBER, ISCVDP

Past Chairman Board of Directors  
Association of Black Cardiologist (ABC)  
Professor of Medicine Tulane University  
NEW ORLEANS, LOUISIANA



**John M. Fontaine, MD, MBA, FHRS, FACC**

Professor and Director  
Arrhythmia Services  
Drexel University College of Medicine  
President Association of Black Cardiologists (ABC)  
PHILADELPHIA, PA



**Thomas Kelly, MD, FACS**  
SECRETARY/TREASURER, ISCVDP

Cardiovascular Surgeon  
Sarasota Memorial Hospital  
SARASOTA, FL



**Stephan Kopecky, MD, FACC**  
ASST. SECRETARY, ISCVDP

Professor of Medicine,  
Department of Cardiovascular Medicine  
Past President, American Society for Preventive Cardiology (ASPC)  
ROCHESTER, MN



**Elizabeth O. Ofili, MD, FACC**  
BOARD MEMBER, ISCVDP

Professor of Medicine (Cardiology)  
Morehouse School of Medicine  
President Elect. ABC Board of Trustees  
Past President, Association of Black Cardiology  
ATLANTA, GA



**Carl J Pepine, MD, MACC, FAHA, FESC**

Professor of Medicine, University of Florida  
Chairman Vascular Biology Working Group  
Past President American College of Cardiology  
GAINESVILLE, FL



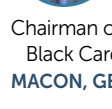
**Marc A. Pohl, MD**

Consultant Staff, Department of Nephrology and Hypertension, Cleveland Clinic  
Past Head, Section of Clinical Hypertension and Nephrology  
Past Director, Center for Blood Pressure Disorders  
Glickman Urological and Kidney Institute, Cleveland Clinic  
CLEVELAND, OH



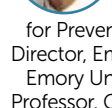
**Jeffrey Sell, MD, FACS**

Chief, Cardiovascular Surgery  
Sarasota Memorial Healthcare System  
SARASOTA, FL



**Felix Sogade, MD, FACC, FHRS**

Georgia Arrhythmia Consultant  
Research Institute  
Chairman of the Board, Association of Black Cardiologists (ABC)  
MACON, GEORGIA



**Laurence Sperling, MD, FACC, FAHA**

Professor of Medicine (Cardiology)  
Past President of the American Society for Preventive Cardiology  
Director, Emory Heart Disease Prevention Center  
Emory University School of Medicine  
Professor, Global Health Hubert Department of Global Health Rollins School of Public Health at Emory University  
ATLANTA, GEORGIA



**Michael Valentine, MD, MACC**

Immediate Past President,  
American College of Cardiology  
Stroobants Cardiovascular Center  
LYNCHBURG, VIRGINIA



**Nanette K. Wenger, MD, MACC, MACP, FAHA**  
PROGRAM CO-DIRECTOR  
VICE PRESIDENT, ISCVDP

Professor of Medicine (Emeritus), Cardiology  
Emory University School of Medicine  
President Society of Geriatric Cardiology, 1994-1995  
AHA Chair, Task Force, Heart Education for Women, 1990-1999  
Past Chief of Cardiology, Grady Memorial Hospital  
Consultant, Emory Heart & Vascular Center  
ATLANTA, GEORGIA



**David Wolinsky, MD, FACC, MASNC**

Section Head Nuclear Cardiology  
Director Cardiac Amyloid Center  
Cleveland Clinic Florida  
Past President American Society of Nuclear Cardiology  
WESTON, FLORIDA

INTERNATIONAL FACULTY



**Fausto Pinto, MD, FESC**  
BOARD MEMBER, ISCVDP

Professor of Medicine, Chief of Cardiology and Dean Medical School  
President Elect World Heart Federation  
Past President European Soc. of Cardiology  
LISBON, PORTUGAL



**Professor Sir Magdi Yacoub, FRS, FACE**  
BOARD MEMBER, ISCVDP

Imperial College London  
Heart Science Center  
HAREFIELD, MIDDLESEX, UNITED KINGDOM



Friday, February 7th, 2020

- 1:00 PM - 5:00 PM **Pre-Congress Optional Symposia on Current 2020 Guidelines Directed Treatments for Diabetes, Hypertension, Dyslipidemia, Obesity, Novel Oral Anticoagulants, Peripheral Arterial Disease, Pulmonary Hypertension, Heart Failure, Women's Heart Disease and much more. This is not part of the regular CME Program. SPACE IS LIMITED. 1ST CONGRESS REGISTRANTS, 1ST SERVED.**
- 5:30 PM **Reception with Faculty and Exhibitors for Congress Residents BY INVITATION, RSVP REQUIRED**

Saturday, February 8th, 2020 MORNING SESSION

- 6:00 AM **OPTIONAL BREAKFAST SYMPOSIA, TBA**
- 7:00 AM **Registration**

**SESSION I:**  
**Advances in the Past 12 Months in Cardiovascular Disease Prevention**  
Chairpersons: *Drs. M. Albert, J. Cohn, M. El Shahawy, A. DeMaria, and C. Pepine*

- 7:30 AM **Welcome**  
Program Director: *M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC;*  
Past Chairman Sarasota County Public Hospital Board: *Gregory Carter;*  
Professors: *David Verinder, President and CEO, SMH Healthcare System;*  
Co-Directors Professors: *J. Cohn, A. DeMaria, and N. Wenger*
- 8:00 AM **Slowing Cardiovascular Disease Progression: A 21st Century Approach to Prevention** *J. Cohn, MD*
- 8:20 AM **Diabetes and Cardiovascular Risk Reduction** *K. Ferdinand, MD*
- 8:40 AM **A Community Model for Reducing Myocardial Infarction: The San Diego Model** *A. DeMaria, MD*
- 9:00 AM **Transforming Cardiac Rehabilitation: 2020** *N. Wenger, MD*
- 9:20 AM **Cardio Renal Syndrome** *M. Pohl, MD*
- 9:40 AM **COFFEE BREAK**
- 9:55 AM **Stroke Prevention and Nonvalvular A Fib** *F. Sogade, MD*
- 10:15 AM **Cardiac CT in 2020** *M. Budoff, MD*
- 10:35 AM **ECG Pearls** *A. Epstein, MD*
- 10:55 AM **Update in Myocardial Perfusion Imaging: Doing the Best Test, The Right Way, For the Right Patient** *D. Wolinsky, MD*
- 11:15 AM **Current Diagnosis and Management of Peripheral Arterial Disease** *M. El Shahawy, MD*
- 11:30 AM **Panel Discussion** Moderators: *Drs. M. El Shahawy, A. DeMaria, F. Pinto*  
Panelists: *All Faculty*
- 12:30 PM **OPTIONAL LUNCH SYMPOSIA, TBA**

Saturday, February 8th, 2020 AFTERNOON SESSION

**SESSION II:**  
**Advances in the Past 12 Months in Cardiovascular Disease Prevention**  
Chairpersons: *Drs. M. El Shahawy, A. DeMaria, T. Kelly, and N. Wenger*

- 2:00 PM **Heart Disease in Women: Understanding the Journey** *N. Wenger, MD*
- 2:20 PM **New Cardiovascular Therapies in Diabetes** *M. Budoff, MD*

Saturday, February 8th, 2020 AFTERNOON SESSION

- 2:40 PM **Management of the Silent Killer: Familial Hypercholesterolemia** *S. Kopecky, MD*
- 3:00 PM **Current Diagnosis and Management of Dyslipidemia Beyond Statin and PCSK9** *M. El Shahawy, MD*
- 3:20 PM **Evolving Concepts in Hypertension, Implications of Three Guideline Recommendations in Three Years** *C. Pepine, MD*
- 3:40 PM **Risk Assessment Tools for Primary Cardiovascular Disease Prevention** *L. Sperling, MD*
- 4:00 PM **COFFEE BREAK**
- 4:30 PM **Application of Myocardial Strain Measurements to Predict Cardiac Dysfunction** *A. DeMaria, MD*
- 4:50 PM **Hypertension Related to Pregnancy: A Tailored Management Approach** *B. Sogade, MD*
- 5:10 PM **Cardiac Surgery Update 2020: TAVR and Mitral Clips** *J. Sell, MD*
- 5:30 PM **Panel Discussion** Moderators: *Drs. T. Kelly, A. DeMaria, K Ferdinand, and Z. Fras*  
Panelists: *All Faculty*
- 6:30 PM **OPTIONAL DINNER SYMPOSIA, TBA**

Sunday, February 9th, 2020

**PUBLIC IS INVITED TO ATTEND THIS FREE SESSION**

**SESSION III:**  
**Advances in the Past 12 Months in Cardiovascular Disease Prevention**  
Chairpersons: *Drs. M. El Shahawy, M. Yacoub, and N. Wenger*

- 6:00 AM **OPTIONAL BREAKFAST SYMPOSIA, TBA**
- 7:15 AM **Registration**
- 8:00 AM **"Blood Pressure and Cholesterol: Are They the Targets for Therapy?"** *J. Cohn, MD*
- 8:20 AM **Can Artificial Intelligence Improve Cardiovascular Prevention and Patient Care?** *E. Ofili, MD*
- 8:40 AM **Present Concepts and Recent Advances in Resistant Hypertension** *K. Ferdinand, MD*
- 9:00 AM **Remote Monitoring of Cardiac Patients: Arrhythmias and Heart Failure** *A. Epstein, MD*
- 9:20 AM **The 2019 ACC/AHA AFib Guidelines: What Has Changed? What About Prevention?** *M. Valentine, MD*
- 9:40 AM **Statin Intolerance: Is It Real? What Are the Treatment Options?** *S. Kopecky, MD*
- 10:00 AM **COFFEE BREAK**
- 10:30 AM **Ischemic Heart Disease in Women** *C. Pepine, MD*
- 10:50 AM **The Genetics of Atrial Fibrillation, Risk Factors and Novel Therapies** *J. Fontaine, MD*
- 11:10 AM **Expert Consensus Decision Pathway DM and CVD** *L. Sperling, MD*
- 11:30 AM **Hypertension Guidelines for 2020: Controversies** *A. Schwartz, MD*
- 11:50 AM **The Expanding Role of Implantable Monitoring Devices for Cardiac Prevention** *M. Yacoub, MD*
- 12:10 PM **Obesity Even Without Comorbidities is a Disease: Novel Data From Our Center** *M. El Shahawy, MD*
- 12:30 PM **Panel Discussion** Moderators: *Drs. M El Shahawy, T. Kelly;* Panelists: *All Faculty*
- 1:30 PM **Concluding Remarks and Adjourn**