

**28th Annual International Congress on Cardiovascular Disease Prevention
Update 2019**

From Intervention to Prevention

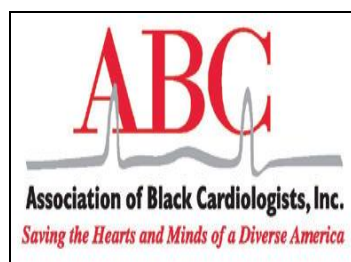
“One Ounce of Early Cardiovascular Disease Prevention is better than Pounds of Late Cure”

**July 13, 2019 to July 20, 2019
Portugal and Spain**

**Sponsored by: The International Society for Cardiovascular Disease Prevention [ISCVDP];
The Cardiovascular Health Assessment Center of Sarasota, The Cardiovascular Center of
Sarasota Foundation for Research and Education and
Lisbon Medical School, Lisbon, Portugal**

**In cooperation with
University of Minnesota, Center for Cardiovascular Disease Prevention
Association of Black Cardiologists [ABC]**

Approved for 12 CME



Program Outline

Sunday July 14, 2019 Lisbon, Portugal

8:00 AM REGISTRATION

8:15 AM WELCOME Program Director: M. El Shahawy, MD, MS, FESC, FAHA, FACC.....USA
Co-Directors Professors: F. Pinto.....Portugal
A. Curtis, A. DeMaria, N. Wenger.....USA

SESSION I: Joint Session with Members of the Portuguese Society of Cardiology

ADVANCES IN THE PAST 12 MONTHS IN CARDIOVASCULAR DISEASE PREVENTION

Chairpersons: Dr. F. Pinto..... Portugal
Drs. M. El Shahawy, and N. Wenger..... USA

8:30 AM Coronary Heart Disease in Women: Evolution of our Knowledge..... N. Wenger, MD

9:00 AM A Look Into the Future of Cardiovascular Medicine.....F. Pinto, MD

**9:30 AM Current Guidelines for Detection, Prevention and Treatment of Hypertension
.....M. El Shahawy, MD**

10:00 AM Cardiometabolic Syndrome- Update 2019..... E. Ofili, MD

10:30 AM Coffee Break

11:00 AM Update on the Management of Syncope 2019..... A. Curtis, MD

11:30 AM Who Are the Appropriate Patients for a Wearable Defibrillator?..... A. Epstein, MD

12:00 PM Robotic Cardiovascular Surgery Update 2019..... T. Kelly, MD

**12:30 Noon Panel Discussion: Moderators..... Drs. A. DeMaria, F. Pinto and M. El Shahawy
Panelists..... All Faculty**

1:30 PM Adjourn

3:00 PM Optional Visit to University Hospital and Discussion with Portuguese Colleagues

Monday, July 15, 2019 Lisbon, Portugal

7:45 AM REGISTRATION

SESSION II: Joint Session with Members of the Portuguese Society of Cardiology

**ADVANCES IN THE PAST 12 MONTHS IN THE DIAGNOSIS AND MANAGEMENT OF
CARDIOVASCULAR DISEASE**

**Chairpersons: M. Cain, M. El Shahawy.....USA
F. Pinto..... Portugal**

8:00 AM Management of Chronic Ischemic Heart Disease: A New Approach.....F. Pinto, MD

8:30 AM Cardiac Rehabilitation 2019..... N. Wenger, MD

9:00 AM Diabetic Heart Disease: Update 2019..... M. El Shahawy, MD

9:30 AM Resistant Hypertension: Current Issues and Management Strategies..... M. Pohl, MD

10:00 AM Coffee Break

10:30 AM Evolution of the Nonpharmacological Treatment of Ventricular Tachycardia..... M. Cain, MD

11:00 AM Novel Update in Cardiac Imaging.....A. DeMaria, MD

**11:30 PM Panel Discussion: Moderators..... Drs. M. Cain, Z. Fras and M. El Shahawy
Panelists..... All Faculty**

12:30 PM ADJOURN

Friday, July 19, 2019 Malaga, Spain

7:30 AM REGISTRATION

SESSION III: Joint Session with Members of the Spanish Society of Cardiology

ADVANCES IN THE PAST 12 MONTHS IN CARDIOVASCULAR DISEASE

Chairpersons: Drs. A. DeMaria, E. Ofili and M. El Shahawy USA

**8:15 AM Welcome: Program Director: M. El Shahawy, MD, MS, FESC, FASPC, FAHA, FACC.....USA
Co-Directors Professors: Curtis, DeMaria, Ofili and Wenger USA**

**8:30 AM Key Points from the AHA/ACC/HRS Guideline for the Management of Patients with Ventricular
Arrhythmias and the Prevention of Sudden Cardiac DeathA. Curtis, MD**

- 9:00 AM Epicardial Adiposity as Novel Cardiovascular Risk Factor.....M. El Shahawy, MD**
- 9:30 AM Heart Failure: New Treatments Update 2019..... A. DeMaria, MD**
- 10:00 AM Coffee Break**
- 10:30 AM Refining Risk Stratification for primary Prevention ICD Implantation.....A. Epstein, MD**
- 11:00 AM Cardio Renal Syndrome..... C. Obialo, MD**
- 11:30 AM Panel Discussion: Moderators.....Drs. A. Curtis, N. Wenger, and M. El Shahawy
Panelists..... All Faculty**
- 12:30 PM Concluding Remarks and Adjourn**
- 3:00 PM Optional Visit to Malaga General Hospital and Discussion with Spanish Colleagues**