



# ISCVDP

## International Society for Cardiovascular Disease Prevention

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*Sarasota, Florida June 17, 2019:*

## Great Cardiovascular News Release

Dr El Shahawy, the President of the Cardiovascular Center of Sarasota and International Society for Cardiovascular Disease Prevention, was privileged and honored to be invited as faculty member and co-chair for the 10<sup>th</sup> International Congress of the Belarusian Society of Hypertension and Cardiovascular Disease Prevention held in Vitebsk, Belarus on May 30 & 31, 2019.

*This congress was sponsored by the Ministry of Health of the Republic of Belarus, Vitebsk State Medical University, International Society of Cardiovascular Disease Prevention, European Society of Hypertension, Belarusian Scientific Society of Cardiologist, Belarus Young Hypertension Society and the Russian Foundation for the Advancement of Cardiology/Cardio Progress [see attached].*

The congress was hosted by excellent and renowned professors of cardiology from all over the world including Presidents of many International Cardiological Societies including the current President of the European Society of Hypertension.

Dr. El Shahawy was the only invited professor from the USA and was very proud to see the American flag all the time displayed throughout the congress and on the chairs table.

Dr. El Shahawy was asked to present the latest American guidelines on the detection and treatment of Hypertension along with the latest discovery in the field which was discovered at the Cardiovascular Center in Sarasota. The presentations were very well received and resulted in interviews by the Russian and local news media [see attached]. Dr. El Shahawy was also asked by the chair of the congress Professor Vladislav to provide Synopsis of the presentations for publication, which he did. This Synopsis will be of interest for everybody to read [attached].

*Two presentations by Dr. El Shahawy were presented at the International Congress in Belarus:*

1. *The Current American Guidelines for the Detection and Management of High Blood Pressure*
2. *Novel Methods for Assessment of Cardiovascular Disease Risk in Asymptomatic Patients as Performed at our Cardiovascular Center of Sarasota [see attached detail].*

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We would like to thank again the chairs and organizers of this congress Professor Vladislav for the invitations and recognition not only for Dr El Shahawy but also for our International Society for Cardiovascular Disease Prevention [ISCVDP], which Dr. El Shahawy happens to be the current President. Thanks to Professor Vladislav and his team for the great hospitality which was beyond description.

The Board of the International Society for Cardiovascular Disease Prevention [ISCVDP] and Dr. El Shahawy, as President of the Society are very proud and pleased to have endorsed this congress and was very proud to see our ISCVDP logo on all announcements in English and Russian [see copy attached], for more details of this congress please visit [www.iscvdp.org](http://www.iscvdp.org)

***Last but not least another great news related to our upcoming 28th International Congress on Cardiovascular Disease Prevention*** which is going to be held in Europe starting in Lisbon, Portugal next month. The congress will be hosted by Professor Fausto Pinto, the Dean of the Medical School and Chief of Cardiology at the Medical School in Lisbon. Dr. Pinto is the immediate past President of the European Society of Cardiology and the President Elect for the World Heart Federation. Dr. Pinto is also a member of the Board of the International Society for Cardiovascular Disease Prevention. This is great for Sarasota and its medical community to be recognized by the leading European cardiologists for a joint session with our medical group. We have assembled for this upcoming congress some of the most renowned professors in US and Europe to host this program, **See attached brochure** with the logo of the Medical School in Portugal as sponsor.

Invitations is extended to Sarasota Memorial medical staff and FSU residents and students at the Sarasota Campus to attend and participate on this congress without any registration fees. Thanks for the support for the research and educational activities by SMH Hospital and Foundation along with El Shahawy Family Foundation.

Dr El Shahawy was very proud to witness again another great opportunity for Sarasota Memorial Hospital to be again and again recognized on the national and international scene as witnessed repeatedly most recently in Belarus and to be witnessed again next month in Lisbon, Portugal at the Medical School Campus and to be co-chaired with Professor Pinto, the Dean and Chief of Cardiology.

In conclusion we would like to thank the leadership of Sarasota Memorial Hospital as well as Sarasota Memorial Healthcare Foundation and El Shahawy Family Foundation for supporting all the research activities here in Sarasota, which resulted in this great national and international recognition and presentations on many congresses on all continents all over the world. Also sincere thanks to all our patients who participated in our ongoing activities and research in cardiovascular disease prevention.

In addition, thanks to all colleagues, Dr. El Shahawy's staff and El Shahawy family who supported the programs and let Dr. El Shahawy to have the time to participate in all these activities.

Every Sarasotan should be proud that we have been invited to present our novel findings on cardiovascular disease prevention at these international congresses and many other ones before.

**Finally, we would like to remind all of you on our Vision and Mission:**

**One ounce of early cardiovascular disease prevention is better than pounds of late cure.**

Attached are some of the pictures related to these Congress with our best wishes to all.

For more details on these events and more pictures please visit the website for the International Society for Cardiovascular Disease Prevention at [www.iscvdp.org](http://www.iscvdp.org)

Note: If you would like more information or to interview Dr. El Shahawy on this subject please feel free to contact him at 941-366-9800.

Sincerely Yours,